

**The Brigham Young University
Department of Dance Ballet Area Dress Code
for on- and off-campus coursework and activities**

The Ballet Area Dress Code Expectations are as follows:

- Men and Women:
 - Are permitted to wear layers for warmth in rehearsal when not dancing, or as approved for in-class use due to injury
 - Ballet technique shoes should be all one piece (no half-soled shoes)
 - All dancewear should be appropriate for the balletic discipline, clean & mended (no holes in tights or leotard seams)
 - Attire helps the dancer feel, look, and move like a professional
 - Designated changing areas should be used consistently
 - Anything not deemed conservative by your instructor will not be permitted

- Men:
 - Black full-length tights worn into the shoes are required
 - Tights should be thick and remain opaque no matter how you move
 - Dance belts must be worn under tights
 - Solid colored black or white shirt and/or leotard that is form-fitting and tucked into the tights, or are short enough to see pelvic alignment
 - Shirts should not be baggy or loose no matter how you move, have no logos, and should not expose a bare midriff.
 - White socks over full-length tights and under shoes are permitted if desired
 - Shoes should be black with no socks, or white with white socks
 - If hair is long enough to affect performance or is distracting, it should be pulled back with a headband or slicked back

- Women:
 - Women's leotards may be in any shade of black or blue
 - Conservative leg line
 - No sheer fabric in the midsection
 - No nude-colored fabric instead of straps or sleeves
 - Modest neckline (no halters) and full coverage at the bust
 - Backs must not be lower than navel height
 - No "cut-outs" in the bodice of any leotard including backs cut out to reach beyond the midline of the torso
 - Tights should be worn under leotards, and down into the shoes
 - Flesh-colored tights and shoes may be worn as long as they are identical in shade. Otherwise, traditional pink tights and shoes are required.
 - Hair worn in a tight ballet bun, or as close to this industry-standard as possible
 - No dangly earrings or any jewelry that might cause injury while partnering
 - Any sports bras should be completely hidden or match the line and color of the leotard if seen.